Out of Body Intensive Residential Retreat

2016 Website Program Description

With William Buhlman

Acclaimed Author and America's Leading Expert
On Self-Initiated Astral Projection and Out-of-Body Experiences

Don't miss this Unique Opportunity to Explore Safe, Out-of-Body Adventures!

This exciting workshop explores the various steps and techniques needed for controlled out-of-body exploration and other spiritual journeys. William brings a refreshing look at how we can use out-of-body experiences to explore our spiritual identity and enhance our intellectual and physical lives.

Experience a profound sense of knowing instead of believing!

Bill has trained out-of-body travelers in his workshops for two decades, teaching people how to project their consciousness beyond the limits of their physical bodies and to explore dimensions and worlds beyond everyday life. Over the course of this unique program you will experience extensive step-by-step exercises, tips, techniques, and answers to your every question about out-of-body exploration.

During this empowering workshop you will experience:

- Extensive astral travel, out-of-body and inner exploration techniques.
- Unique and powerful healing methods.
- Methods to have a profound spiritual experience.
- Powerful methods to reshape your reality.
- Spiritual protection methods.
- Effective focus and control methods
- Innovative spiritual development techniques.
- Proven brain wave synchronization technology.

What people are saying about William Buhlman's Spiritual Adventures Workshops:

"*This workshop has provided me with the answers I've been looking for most of my life. And they were within me all this time.*"
– Mike W. Novi, MI.

"*Wow, what an adventure.*"
– Paul F. Boston, Mass.

"I started having out-of-body experiences when I was a teenager. I couldn't tell anyone, because they would think I was crazy. After the question and answer session, I felt good knowing that this is a perfectly natural experience."
– Francine K. San Francisco,

"It was so exciting. I can't wait to get home and practice the techniques."
– Kim Y. Yelm, WA.

"A totally powerful experience. If you have ever considered taking a workshop, this is the one! It is packed with information, techniques and answers to all of your questions on out-of-body travel."
– Carolyn M. Santa Barbara, Ca.

"Bill is wonderful. The workshop was insightful due to his many personal experiences. Finally, someone I can talk to that knows what this is about."
– Ken E. Denver, CO.

"A refreshing change from the lecture format in so many workshops. The discussion was lively and the techniques were simple and effective."
– Bob R. Minneapolis, MN

The Monroe Institute programs are limited to 24 participants so, we highly recommend you register early.

Our Powerful 5-day/6-night All-inclusive Out of Body Intensive Program Offers:

- Daily consciousness exploration facilitated by our skilled trainers
- Semi-private accommodations
- 3 delicious home-style meals a day
- Daily yoga classes
- Transportation to and from airport (see details)
- As well as access to walking/hiking trails, complimentary WiFi and massage therapy upon request (additional fee)